

"What are mushroom liquid extracts and what do they help with?"

Lion's Mane Liquid Extract

Traditionally prized as a mushroom for modern lifestyles. Popular among those seeking support for busy days and demanding schedules. Valued by wellness enthusiasts for its association with focus, clarity, and productivity. A versatile addition to daily wellbeing routines. Convenient alcohol-free liquid format for everyday use.

Reishi Liquid Extract

Revered for centuries in traditional wellness practices. Often chosen by those looking to support balance and overall wellbeing. Popular as part of evening and self-care routines. A favourite mushroom among wellness enthusiasts seeking moments of calm and restoration. Convenient alcohol free liquid format for daily use.

Chaga Liquid Extract

Traditionally valued in Northern and Eastern wellness traditions. Appreciated for its rich profile of naturally occurring mushroom compounds. Popular among those seeking to support a healthy and active lifestyle. A versatile addition to everyday wellness routines. Convenient alcohol free liquid format for daily use.

"Our mushrooms are 100% organically grown. Because our vegetable glycerin base is non-organic, this product range is not certified organic as a whole. We commit to sourcing the cleanest ingredients possible."

Disclaimer & Safety Information

Food supplement only. Not intended to diagnose, treat, cure, or prevent any disease. Food supplements should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily intake. Consult your GP, pharmacist, or qualified healthcare professional before use if you are pregnant, breastfeeding, have a medical condition, are due to undergo surgery, or are taking prescription medication.

Particular caution is advised for individuals taking diabetes medication, blood pressure medication, immunosuppressant medication, or blood-thinning medications (such as warfarin, apixaban, rivaroxaban, aspirin, or clopidogrel).

Storage: "Keep out of reach of children. Store in a cool, dry place away from direct sunlight. Shake well before use, as natural separation may occur over time."

Fruit of the Shroom

PREMIUM DUAL EXTRACTED MUSHROOM LIQUID EXTRACTS

ALCOHOL FREE • VEGAN • HIGH STRENGTH

REISHI

The Mushroom of Balance



LIONS MANE

The Mushroom of Focus



CHAGA

The Mushroom of Vitality



AVAILABLE SIZES

30ml
£12.50

50ml
£15.00

100ml
£25.00

SPECIAL BUNDLE OFFER!

BUY ONE BOTTLE OF EACH
REISHI, LIONS MANE & CHAGA (30ml)

FOR ONLY **£30.00** (RRP £37.50) **SAVE £7.50**

NATURAL INGREDIENTS

DUAL EXTRACTED

VEGAN FRIENDLY

QUALITY YOU CAN TRUST

BLENDED & BOTTLED IN THE UK

Our Team

David & Sue

Emma

Functional Mushroom Liquid Extracts
Dual Extracted with Alcohol and water.
BUT
These are Alcohol Free!!

Reishi

Lions Mane

Chaga

Welcome to Fruit of the Shroom

Where your mushrooms come smarter, tastier, and without the morning regret.

Tired of forking out £30 for a measly 50ml of alcohol-based mushroom tincture that tastes like regret dissolved in a tramp's sock? Yeah, us too. We don't suggest you put our mushroom liquid extract into a smoothie or your morning drink, because they taste great just as they are.

That's why we started Fruit of the Shroom. While the other lads are busy slapping "Locally Grown" on bottles like it's a Michelin star, let's be brutally honest: these mushrooms aren't foraged from misty British woodlands by bearded druids. They're grown in plastic bags in factories. Just like nearly everywhere else. Don't be fooled by the hype "Our mushrooms are locally grown; it's totally irrelevant if they are grown in Bransgore, Basingstoke or Beijing; they are commercially produced, many in plastic bags on a shelf in a room. We've just cut out the pretence - and the eye-watering UK overheads that make local production about as viable as growing pineapples in the Scottish Highlands. Here's how we do things differently and, in our opinion, better.

We partner with absolute masters in China, a company that employs around 2,000 people and has 200 shops. The country that produces the vast majority (over 90%) of the world's Lion's Mane and a colossal share of other functional mushrooms. They grow them properly, dual-extracting the goodness with alcohol for around 4 weeks, followed by water. Once the resulting liquid has the spent mushroom fruit discarded, our partner evaporates off 100% of the alcohol. This leaves a pure dual-extracted product that we turn into our own UK-bottled mushroom liquid extract by adding distilled water and vegetable glycerin instead of that awful alcohol. Result? Our product is strong through our choice. There is no alcohol taste with your cornflakes (or anytime, really – who wants to start the day feeling like they've necked last night's leftover sherry with the added taste of a flick of somebody's fag end?).

Perfect for people who want to avoid alcohol for whatever reason. It also comes at half the price because we're not paying daft UK industrial unit rents, sky-high energy prices, crazy NI costs, and new labour laws, & colossal business rates just to grow bags of mushrooms in a room.

We pass every penny of those savings straight to you. No middle-man markups, no "artisanal" nonsense tax, and no fairy dust pricing.

Our mushrooms might not be "local" in the postcode sense, but they're globally excellent. They are grown by people who've been doing this for thousands of years and generations as a commercial business at a scale and quality the UK simply can't touch right now without charging you the price of a kidney. Coupled with not following the "local" crowd, we're not pretending a factory bag in the UK is somehow more magical than a factory bag in the place that dominates world production.

Fruit of the Shroom: Proper potency. Proper price. Zero morning mushroom breath. And a cheeky two-fingers to overpriced hype. Because life's too short (and too expensive) for bad-tasting tinctures.



Typical Lions Mane Mushrooms grown in bags in the UK



Our Partner from China growing seasonal Organic Reishi Mushrooms



"Grown in China, bottled in Britain,
priced for normal people."

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